Growth Group Questions
For the week of February 2, 2013
The Divine Stop

Icebreaker: What is (or has been) your favorite advertisement? Why?

READ TEXT: Genesis 2:1-3; Exodus 20:8-11; Luke 10:38-42, Hebrews 4:11.

1. Of Sunday's scriptures, what impresses you most? [Listed above]

2. Sabbath means "intermission", "to cease", "to stop", "to desist". What helps you to stop the busyness of this world and rest in the Lord? How often?

3. In the contest of busy-ness, what effort do you make to "enter his rest"? (Hebrews 4:11)

4. Comparing Genesis 1:31; 2:1-3, and 3:8-11, we see God ending his "work week" and spending his "day off" (7th day) with Adam and Eve on their first full day in the Garden of Eden. This was "very good". Does God want to spend time with you just like this? Why or why not? Do you want to spend time like this with Him?